



## Strawberry Yogurt Smoothie

Serves/Makes: 2 cups | Difficulty Level: 1 | Ready In: < 30 minutes

### Ingredients:

1 pint fresh or frozen strawberries  
1/2 cup orange juice  
6 ounces unflavored or vanilla yogurt  
4 ice cubes



### Directions:

- 1) Add all ingredients into a blender
- 2) Blend until a thick smoothie forms.

