

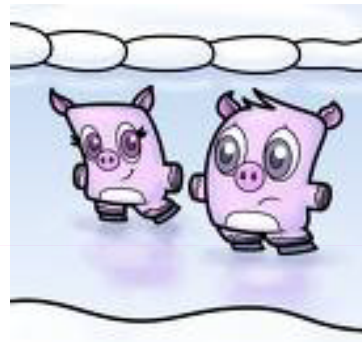


Pink Pig-Sicles

For a cool summer treat, try a twist on homemade popsicles. This extremely easy recipe provides your child with calcium. Since it is made with yogurt! Makes 8 pigsicles.

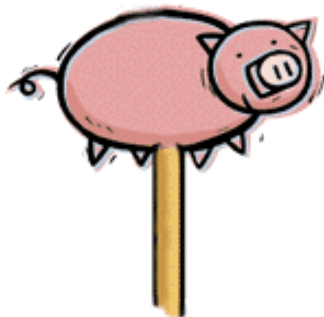
Ingredients:

- 2 cups plain lowfat yogurt
- 1 can (12 ounces) apple-cranberry juice concentrate
- 2 tsp. vanilla extract
- 8 small paper cups
- 8 plastic spoons



Directions:

1. Mix together yogurt, juice concentrate, and vanilla.
2. Pour mixture into small paper cups.
3. Place plastic spoons in cup to make handles. Put in freezer.
4. After pig-sicles set, run under hot water to remove frozen pop from cup



Enjoy!

