



Baked Ham And Cheese Quesadillas



Servings: 4 | Difficulty Level: 2 | Prep Time: <30 minutes

Ingredients:

4 large flour tortillas
1/2 cup shredded Monterey jack cheese
8 ounces thinly sliced ham, or smoked turkey
Vegetable oil for brushing tops



Directions:

1. Lightly spray a cookie sheet with vegetable cooking spray.
2. Arrange 2 tortillas on the cookie sheet.
3. Evenly top with 1/4 cup of the cheese.
4. Top the cheese with the sliced ham or turkey, then the other 1/4 cup of cheese.
5. Cover each with another tortilla.
6. Brush tops with vegetable oil and bake at 425 for about 10-12 minutes, until browned.
7. Cut quesadillas into wedges and serve with mustard or mayonnaise.

