



Easy Tuna Melts



These Tuna Melts make a great lunch for kids, or serve them for the family dinner with fries and pickles and extra sliced tomatoes or a tossed salad. They really are a delicious change of pace!

Ingredients:

- 4 English muffins, split and lightly toasted
- 1 can or package (6 to 7 ounces) white tuna in water, drained
- 1/4 cup mayonnaise
- salt and pepper, to taste
- 8 thin slices tomato
- 8 slices yellow or white cheese, Cheddar, Monterey Jack, or American



Directions:

Heat oven to 350°.

- 1) Arrange the split muffins on a cookie sheet which has been lined with foil or a silicone baking mat.
- 2) In a medium bowl, combine tuna with mayonnaise; Stir well.
- 3) Stir in salt and pepper to taste.
- 4) Spoon tuna mixture evenly over the muffins.
- 5) Top each sandwich with a thin slice of tomato.
- 6) Bake for 8 minutes;
- 7) Top with cheese slices then bake for about 2 minutes longer, or until cheese is melted. Sprinkle each sandwich with black or season

