



Apple And Cheese Quesadilla



Servings: 1 | Difficulty Level: 1 | Prep Time: >30 minutes

Ingredients:

1 cup sliced apple

1/4 cup any shredded cheese (e.g., cheddar or mozzarella)

1 flour tortilla



Directions:

1. Place layer of apple slices on tortilla.
2. Sprinkle with cheese.
3. Fold in half.
4. Microwave 15-20 seconds until cheese melts.

