

# REGION 1 PREVENTION PROGRAM'S NEWSLETTER

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## Calendar of Events

- Mar 19** Victim Impact Panel
- Mar 25** Town Hall Meeting on Underage Drinking 7 pm Williston Library
- Mar 27** Watford City Coalition Meeting
- Mar 27** Alcohol Server Training 2-5 pm Williston Library
- Mar 31** Watford's Town Hall Meeting on Underage Drinking 6 pm free supper with program to follow
- Apr 22** Market Place for Kids at WSC
- May 6** Partners in Prevention Conference
- May 14** Victim Impact Panel

# COUNTY CONNECTION

Your Prevention Connection for Region 1 Families

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## 8th Annual Partners In Prevention Conference

Mark your calendars for Tuesday, May 6th for this year's Partners in Prevention Conference. Michael Mann will be the guest speaker. He works with Dr. David Walsh at the National Institute on Media and the Family.

Mr. Mann's extensive storytelling and public speaking experience creates an engaging environment for adults. This year's conference topics include Internet Safety and Say Yes to No, which is a campaign to raise healthy, self-reliant children so they will be successful in school and life. Mr. Mann will present the antidote to Discipline Deficit Disorder as written in David Walsh's newest book "*No: Why Kids- of All Ages- Need to Hear It and Ways Parents Can Say It.*"

"Say Yes to No provides a lifetime of tools and resources to parents and schools. No is not just a one-word answer, it's a parenting strategy. By saying No when they need to, adults help children develop skills such as self-discipline, respect, integrity, the ability to delay gratification, and a host of other crucial character traits they need to be successful. No is not the destination. It is the road to Yes," says Dr. Walsh.

Mr. Mann will also present on Internet Safety. Kids today spend more time in front of electronic media than any other activity except for sleeping. Some stories kids see and hear benefit them. Many harm them. All are powerful. The key is for parents and educators to obtain Knowledge to retain the Power.

Mr. Mann will guide those attending, through the real risks for kids online and give tools to make the most of the media for the family, while minimizing the risks for kids. The risks include pornography, addiction, cyber bullying, stalkers and predators.

Professional continuing education hours will be available for Social Workers, LAC's & Nurses pending approval.

The cost of the conference this year will be \$35 which includes materials, lunch and snacks. The conference will be held at the NDSU Williston Research Extension Center (Ernie French Center). Registration and more conference information will be mailed out soon.

# REGION 1 SAFE COMMUNITIES NEWS



## 2008 OPERATION GRADUATION



The Operation Graduation party for Williston High School has been in existence for approximately the past 24 years. Trinity Christian High School joined the party and has participated for the last several years.

From its inception the party's main focus has been to eliminate alcohol and drug use on Graduation Night. Therefore trying to keep the kids safe and provide a final time together. The funding also comes from Area Basin United Way and the Region 1 Safe Communities.

The Senior parents make up the planning committee with technical assistance from The Region 1 Safe Communities Coalition.

We are so pleased to have this opportunity to keep them safe on one of the deadliest nights for our youth. The party provides the kids with games, food, a hypnotist, and lots of entertainment for the night. The parents of the seniors spend many hours planning this event and always have almost as much fun at it as the kids.

As a reminder, the parents will be out collecting prizes, donations and any contributions for this event. Without our Community involvement and parents of the class of 2008, this event would not be a success. If you have any questions or donations for Operation Graduation, Please call, Fran Martin, Region 1 Safe Communities Coordinator at 701-572-8191.

## WHAT IS ALCOHOL SERVER TRAINING?

Who is required to attend? What is the costs? Why should a server attend the class? These are all good questions! Here is what you should know.

### Alcohol Server Training:

- \* Assists servers to understand and comply with state and local laws.
- \* Assists bar/liquor store personnel in detecting or deterring underage purchase or consumption of alcohol.
- \* Helps the server to identify the use of fake IDs.
- \* Teaches proper procedure when dealing with an underage person attempting to purchase alcohol.
- \* Educates on the detection of and intervention with an intoxicated person.
- \* Informs the servers of their legal responsibilities and liabilities of serving alcohol.

Anyone that is or will be serving alcohol within Williston City Limits is required to attend Alcohol Server Training within 90 days of employment according to City Ordinance 895. **THAT IS THE LAW.** Other servers within Region 1 are encouraged to come.

There is no cost to the server for attending the training. Materials are provided by Region 1 Substance Abuse Prevention Program and the ID Checking Guide Books are provided by Delaney Distributing.

The knowledge received is applicable to all areas of serving whether off-sale or on. The next training date is March 27 from 2-5 pm.

For more information or to register for the training call Fran or Karen at 572-8191.

## REGION 1 PREVENTION INFORMATION

### Town Hall Meetings Address Underage Drinking

**Williston** will hold its fourth Town Hall meeting addressing issues of underage drinking on Tuesday, March 25th, at 7:00 pm at the Williston Community Library.

During the last week of March and the first week of April, there will be about 1600 nationwide Town Hall meetings addressing the issue of underage drinking.

Deb Nelson from DLN Consulting, Inc will be facilitating Williston's Town Hall meeting. Ms. Nelson has a strong educational background. Prior to forming DLN Consulting, Inc. Ms. Nelson was a local community coordinator for traffic safety and prevention programs.

Jack Colby will present information on the newly formed Juvenile Drug Court. The 2007 Regional Youth Risk Behavior Survey Data will be shared as well as education and discussion of youth access to alcohol.

The previous Town Hall meetings have been very successful in making positive changes in our community in reducing access of alcohol to our youth.

Research proves that alcohol use during the adolescent years is associated with damage to memory and learning capabilities as well as to the decision-making and reasoning areas of the brain.

Please join us for this important meeting to see what further steps we can make as community members, parents, or neighbors in keep alcohol out of the hands of our youth.

**Watford City** will be holding a National Town Hall Meeting, "Mapping Out Successes for Our Children." to discuss and raise awareness about the issue of underage drinking.

Everyone is invited to this event taking place on Monday, March 31 at the Watford City Civic Center. It will kick off with a free supper at 6 p.m. followed by a program at 6:30 p.m.

Parents, teachers, officials, youth and other community members will be educated about the impact that underage drinking has on the community. Its dangers and consequences will be the topic at hand. Participants will have the opportunity to discuss the issue and problem solve.

The prevalence of underage drinking is a major health issue. The purpose of this meeting is to increase community awareness on the issue of underage drinking, identify how underage drinking affects the community, and brainstorm possible solutions.

This special session is sponsored by the Community Coalition, McKenzie County Horizons and the Federal Government's Interagency Coordination Committee on the Prevention of Underage Drinking.

For more information contact Marcia Hellandsaas at 444-3451 or email at [marcia.hellandsaas@ndsu.edu](mailto:marcia.hellandsaas@ndsu.edu).

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**Profile on Prevention:**

**Buckle up America Month**

May is National "Buckle up America Month", and Region 1 Safe Communities Coalition kicks it off with the campaign:

**"Click It or Ticket"**

This is a great opportunity to meet our Community members who work with traffic safety within our Region.

There will be prizes for buckled up guests!

Everyone is welcome to come and join in our Nation's goal of

**"Buckling Up  
Every Trip Every Time"**

**"Buckle Up America  
Kick Off"**

May 16<sup>th</sup>, 2008

Harmon Park

11:00 ~ 1:00

**FREE PICNIC TO THE PUBLIC**

Everyone Welcome