

2008/2009

Missouri View Heights

Region VIII

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Region I

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MAKING A DIFFERENCE IN OUR COMMUNITIES!

ANNUAL REPORT

Missouri View Heights (MVH) opened its doors for eight new residents on July 1, 2008. Community Action Partnership is the owner/manager. Funding for building the project and rental subsidy comes from the Department of Housing and Urban Development (HUD). Residents must be diagnosed with a chronic mental illness and need supportive services.

Tenants do not pay more than 30% of their adjusted gross income for rent. Supportive Services such as medication monitoring, transportation, meals and activities are provided by North Dakota Association for the Disabled. The building con-

sists of 8 one bedroom apartments, a community room with kitchen and laundry facility. An outdoor patio for the tenants was added during the summer of 2009.

In the first year of operation there were two tenants that moved out. The units were filled quickly and occupancy has remained at 100%.

The tenants are assigned daily chores and help staff clean the hallways and common areas. The residents enjoy supper together each night and take turns assisting with meal preparation. They have a special meal over the holidays. The

kitchen is also used for nutrition classes, making lefse and baking.

In the spring the residents were actively involved with the planting and maintenance of a large garden. The harvest produced beets, tomatoes, potatoes, carrots, squash, zucchini, corn and an abundance of pumpkins.

Other activities include walking club, fishing, crafts and women's group.

The building is a great asset to the community and the residents it serves. With the current housing shortage, these apartments fill a critical need for Region I.



Helping People. Changing Lives.



Community Action
PARTNERSHIP

NORTH DAKOTA'S POVERTY FIGHTING NETWORK

DICKINSON/WILLISTON REGIONS



Safe Communities

Southwest Coalition for Safe Communities (SWCSC) operated under the leadership and direction of a volunteer coalition comprised of representatives from diverse sectors of the community. Regional representation consists of people from law enforcement, treatment and rehabilitation, public health agencies, business, media, city and county government, insurance providers, educators, youth, faith organizations, engineering, higher education, parents and local citizens.

The Safe Communities Coalition's mission is "to promote positive change for safe and healthy lifestyles." Their vision is "a safe healthy community."

The Region VIII Safe Communities program was successful this year in assisting

the Medora community with acquiring a City Ordinance for server training classes and alcohol compliance checks with their liquor establishments. The Bowman community is currently working on acquiring a City Ordinance as well.

Region I Safe Communities in collaboration with the MC3 coalition in Watford City provided Alcohol Server Training in Watford City. Following the server training the Watford City Police Department conducted the city's first alcohol compliance checks. Currently, the MC3 coalition is working on creating an ordinance requiring server training.

Region VIII Safe Communities has also been involved with "Be Amazed—Teen Maze". This project is held at different

schools in the region to provide a hands-on learning activity for adolescents. The purpose of the activities is to give students an opportunity to experience the consequences of a specific health risk behavior. Different scenarios are used to bring these behaviors to life. One example of a scenario might be an adolescent who goes to a party, drinks and then decides to drive home. He/she is stopped by the police and is cited for driving under the influence. He/she would then visit with a representative from law enforcement, juvenile court, insurance, and counseling. They will complete these steps until they reach graduation. Several schools in Region VIII are interested in hosting this event in the Spring of 2010.

Family Planning

Title X Family Planning program was enacted in 1970 as a Public Health Service Act to serve individuals with comprehensive family planning and related preventive health services. Family Planning's mission is "to assist women and men to understand and take responsibility for their reproductive health through education, counseling and medical services."

Title X Family Planning clinics have played a critical role in ensuring access to a broad range of family planning and related preventive health services for millions of low-income or uninsured individuals and others.

In addition to contraceptive services and related counseling, Title X-supported clinics provide a number of related pre-

ventive health services such as: patient education and counseling; breast and pelvic examinations; breast and cervical cancer screening according to nationally recognized standards of care; sexually transmitted disease and human immunodeficiency virus prevention education, counseling, testing and referral; and pregnancy diagnosis and counseling.

Family Planning has four medical providers that are contracted through West River Health Services in Hettinger. The main office is in Dickinson with a satellite clinic located in Scranton to help better serve the lower lying counties.

CAP has been active in a variety of different activities besides clinic work. A number of girls, between ages 12 to 26,

have been vaccinated with the Gardasil shot through the Vaccine for Children's Program. Family Planning also participated in a grant with West River Health Services to provide education on the Human Papilloma Virus in Scranton and Mott. The Nurse Educator has also traveled throughout Region VIII providing age appropriate education to high school and college students.

For fiscal year 2008-2009, Community Action Partnership Family Planning served over 899 clients. Of that 801 were females and 98 were male clients. Sixty-one percent of our population served is at 100% or below the poverty level. The clinic runs on federal grant funds, client fees, cost share, and third party payers.

Housing Counseling

The Housing Counseling Program focuses on three different areas to assist clients in Regions I & VIII. The areas are Renter Education, Pre-purchase Counseling, and Homebuyer Education.

The goal of the Housing Counseling program is to educate clients while at the same time helping clients prepare to obtain a loan if home purchase is their goal.

Renter Education classes are conducted throughout the year at the request of an

agency or school. The purpose of this class is to provide tenants with information about their responsibilities and rights as a renter. In fiscal year 2008-2009, CAP provided renter education to 145 individuals in Regions I & VIII.

Housing counselors work with clients one-on-one or in group sessions to offer quality information to families and to act as their advocate in all aspects of the purchasing process. Through Pre-purchase Counseling, counselors will

review the client's credit report and work to repair damaged credit, if necessary. Counselors assist with verifications of income and savings, as well as a household budget, to determine eligibility.

In the Homebuyer Education classes CAP collaborates with professionals in the communities, such as lenders and realtors to present a Fannie Mae developed curriculum. In fiscal year 2008-2009, 31 individuals received homebuyer education in Regions I and Region VIII.

Clients Served

During Fiscal Year 2008–2009 Community Action Partnership served 2606 individuals in Regions I & VIII.

Income

- 90% had incomes of or below 100 percent of the Federal Poverty Level (< \$903/month – 1 person household)
- 4% had incomes from 101 to 125 percent of the Federal Poverty Level (\$903–\$1083/month – 1 person household)
- 6% had incomes over 125 percent of the Federal Poverty Level (> \$1084/month – 1 person household)

Gender

- 69% of our clients are female

Age

- 8% 0 to 17
- 21% 18 to 24
- 30% 24 to 44
- 12% 45 to 54
- 29% over the age of 55

Education

- 27% have earned a high school diploma
- 29% have completed a trade-school, 2 or 4 year college
- 25% grades 1 to 12 (non graduate)
- 19% other

Health

- 40% do not have health insurance
- 28% Medicaid/Medicare
- 26% private insurance
- 6% unknown

Family Structure

- 16% single parents
- 11% 2 parent households
- 57% single
- 10% 2 adults, no children
- 6% other

Employment

- 21% had no income
- 48% were employed
- 31% other (TANF/Social Security)

Housing

- 58% rent
- 6% homeless
- 36% other (own, live w/family/friends)

Services Provided

Adult Homeless Shelter: 57 homeless adults were provided up to a five week stay as they worked toward finding a job and permanent housing. 20 homeless individuals were provided limited housing in a local motel.

Energy Share: 72 families at risk of having their heat and lights shut off were assisted with utility bills.

Family Planning: 899 individuals accessed health and testing services.

Head Start: A total of 169 children received assistance; 17 in Hettinger County, 31 were home-based, and 104 at the Dickinson Center. By the end of the year 165 children accessed dental services and 169 had a designated medical home.

Helping Hands: 40 households received other construction modification on their homes for items that did not meet Weatherization or Home guidelines

HOME Program: rehabilitation work was done on 11 homes in Region VIII.

Individual Development Accounts: 9 individuals were able to pursue a college education with match funds.

Low-Income Apartment Management: Williston (16-plex) and Watford City (11-plex) have units for low-income households. A complex is located in Dickinson (6-plex) and Williston (8-plex) for individuals with mental disabilities.

Medication Assistance Program: 46 individuals were assisted in applying for and receiving free and low-cost medications from the nation's pharmaceutical companies.

Drug Free Communities: CAP Region VIII is the only agency in the state of North Dakota to receive the Drug Free Communities grant. The agency receives \$125,000 per year for five years to address alcohol, tobacco, and other drug measures.

Rental Assistance: 70 families were assisted in paying one month's rent to prevent eviction.

Security Deposit: 55 individuals who were homeless or being evicted were helped with payment of a security deposit to get them into permanent housing.

Volunteer Income Tax Assistance: 499 individuals were assisted in filing their 2008 taxes.

Weatherization: energy saving measures were administered in 182 homes which included, insulation, caulking of windows and doors, pressure testing and diagnostics. In addition, 358 furnaces were cleaned and tuned, 24 were repaired, and 23 were replaced.

Community Partners

		Board Members		
Joe A. Armbrust	Gene Jackson	Howard Nelson	Larry Schulte	Robert Treitline
Cassie Brydl	Carrie Knudson	David Quale	Tim Swenson	John Ulrich
Beverly Fuhrman	Rick Lawlar	Robin Rivinius	Mark Sovig	Duane Wolf

Partners

Affordable Housing Developers, Inc.	Housing Authority	Red Cross
Badlands Human Service Center	Law Enforcement	Salvation Army
Cities of Dickinson & Williston	Local Churches	Social Security
Dakota Center for Independent Living	North Dakota Job Service	Social Services
Dickinson State University	Northwest Human Service Center	Sunrise Youth Bureau
District Health Unit	Protection and Advocacy	United Way
Domestic Violence	Public & Private School Districts	USDA Rural Development
		Williston State College

Statement of Financial Position

<u>Assets</u>	<u>2008</u>	<u>2009</u>	<u>Total Revenue (2009)</u>		
				\$4,792,759	
Cash	\$498,344	\$335,299	Safe Communities	1%	\$ 72,040
Receivables			Human Services	3%	\$122,349
Grants	\$1,620,864	\$2,757,594	Head Start	29%	\$1,416,228
Note	\$142,435	\$148,519	Family Planning	5%	\$231,515
Other (Net of allowance)	\$9,389	\$5,723	Client Services	8%	\$379,149
Inventory	\$112,965	\$100,340	HOME	5%	\$255,911
Building, Furniture &			LIHEAP	3%	\$159,629
Equipment	\$1,707,367	\$2,300,287	DOE	23%	\$1,110,100
Total Assets	\$4,091,364	\$5,647,762	CSBG	10%	\$489,061
			General	7%	\$314,701
<u>Liabilities & Net Assets</u>			Prevention	3%	\$124,361
			Drug Free Communities	3%	\$117,715
Accounts Payable	\$20,582	\$63,132			
Other Liabilities	\$414,981	\$746,717			
Refundable Advances	\$1,835,468	\$2,437,284			
Total Liabilities	\$2,271,031	\$3,247,135			
				Total Expenditures (2009)	
				\$4,792,759	
<u>Net Assets</u>			In-Kind	10%	\$487,396
Temporarily Restricted	\$1,066,063	\$1,266,475	Operating	19%	\$893,624
Unrestricted	\$754,270	\$1,134,152	Occupancy	7%	\$311,016
Total Net Assets	\$1,820,333	\$2,400,627	Travel	1%	\$ 44,262
			Materials	9%	\$445,181
			Contractual	7%	\$342,572
			Salary & Fringe	47%	\$2,268,708
<u>Total Liabilities and</u>					
<u>Net Assets</u>	\$4,091,364	\$5,647,762			